

RCCF MEETS EVERY MONDAY @ 7:30 P.M. ESPANOLA, V. RANUDO ST. CEBU CITY

VOL XXXVIII NO.: _____ DATE: _____

THE FOUNTAIN

CHARTERED OCTOBER 29, 1982

CLUB # 17104

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860



Kids with Cancer of Kythe Foundation



Cebu Fuente
Rotary
Club



ROTARY
CONNECTS
THE WORLD





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Cebu Fuente
Rotary
Club



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International Service Director



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The Rotary Foundation Chairman



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Ways & Means



MANUEL L. TORRES, JR.
Ways & Means

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Past President



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Past President



14th General Membership Meeting

Casino Español de Cebu, V. Ranudo St., Cebu City
November 25, 2019

The Rotary Foundation Month

Vol. 38, No. 12

Programme

DINNER

- Part 1
- Call to Order.....Pres. Kendrick Sulay
 - Invocation.....Audio Visual Presentation
 - Philippine National Anthem.....Audio Visual Presentation
 - The Rotary Hymn.....Audio Visual Presentation
 - Four Way Test and Objects of Rotary.....Rtn. Don Marc Dondon
 - Introduction of Rotarians / Spouses.....PP Dave Karamihan
 - Visiting Rotarians/Rotaractors/Guest

PART 2

Fellowship

PART 3

- Secretary's Report.....Sec. Butch Climaco III
- Treasurer's Report.....Treas. Emmie Tesalona
- Director's Report
- President's Time.....Pres. Kendrick Sulay
- Other matters
- Adjournment.....Pres. Kendrick Sulay



Hosted by:

PP Alain Senerpida

INVOCATION

For food and strength and every good, we give You thanks, O God. For friends and life and tasks to do, we give You praise, O God. Bless our Rotary meeting and fellowship here tonight, and help us as Rotarians everywhere to show ourselves understanding of each other, and ever eager to encourage peace and tranquility and goodwill among all people. Amen.

...Fellowship Continues...

Quote for the Week

"If opportunity doesn't knock, build a door." - Milton Berle





Presidents Message



My Fellow Rotarians, welcome to our 14 GMM fellowship meeting.

We wish to congratulate the success of the Ride to End Polio wherein we organized one of the 5 stops of 20 bikers who rode 550km in 3 days in order to spread awareness and give importance on polio vaccination to combat the virus. We partnered with Bogu City government as one of the stops in the north area

As we continue to celebrate our Rotary foundation month, we hope to continue to pursue our projects for this month. We shouldn't miss the first Kythe Family Day on November 30 at Perpetual Gymnasium where we pay tribute to the kids with cancer and their supportive families. We celebrate life together with these brave kids and their heroic families as we show them support and prayer in battling cancer. We look forward to RCCFs and Kythe Kids families to have a fun filled day of camaraderie and games.

Thank you all for your continued support in all our projects. We hope to see u all in our future activities.



KENDRICK S. SULAY
President, RY 2019-2020

From Secretary's Desk

Atty. Manuel Climaco III
Secretary, RY 2019 - 2020

Attendance

ROTARY ID #	LAST NAME	FIRST NAME	12th 11/11	13th 11/18	14th 11/25	15th 12/02	Perfect Attendance
6726464	Abad	Jose Alfonso	✓				
6581939	Abarintos	Conrado	✓	✓			
8794289	Abay-Abay	Emman Reyán		✓			
9330462	Amago	Atty. Bernardino IV		✓			
6218949	Amores	Maricel	✓	✓			
6207694	Bacalso	Cristina	✓				
3362897	Barba	Richard		✓			
6207695	Baring	Engr. Jesselito	✓	✓			
1166426	Calalang	Emmanuel	✓	✓			
9447387	Climaco	Atty. Manuel III					
10474763	Dondon	Don Marc	✓	✓			
2036342	Espina	Arch. Joseph Michael	✓	✓			
1166431	Gonzalez	Dr. Julio	✓	✓			
8944393	Jang	Pouly	✓				
3516557	Karamihan	Dave John					
8599266	Kaufmann	Marina					
10411473	Libron	Dr. Tess Annette					
10234515	Llegunas	Dee Hora		RW			
9804883	Llegunas	Kristoffer	✓	✓			
8794288	Lomanta	Atty. Lolita	✓	RW			
	Ong	Jason	✓	✓			
6726443	Pasion	Ma. Consolacion	✓				
10410040	Ponce	Jose Marie		✓			
6581937	Ramos	Geraldine		✓			
8599268	Rimaz	Ma. Dolores					
5476140	San Pedro	Luz Filipinas					
8794286	Senerpida	Dr. Alain	✓	✓			
3264107	Solomon	Mary Anne	✓	✓			
8543450	Sulay	Kendrick	✓	RW			
	Tarte	Reina Fe		✓			
9330558	Tesalona	Emmanuel		✓			
6812215	Tio	Dr. Mary Christine	✓				
5176670	Torres	Arch. Manuel, Jr.	✓	✓			
	Uy	Stephen Henry	✓	✓			
10410033	Yared	Patrick					
TOTAL PERCENTAGE							

BIRTHDAYS

November 02
November 18
November 20

Sandra Espina
PDRR Jan Bascon
Rtr. Erika Tan

November 22
November 22

Marivic Barba
Rtr. Junry Anaras



President's message

Dear fellow Rotarians and members of the family of Rotary,

Rotary Day at the United Nations, which we celebrate each November, is an important reminder of the historic relationship between our organizations. But this year's event is even more important than usual, because we are building up to the 75th anniversary of the signing of the UN Charter in June 2020.

You might ask, why celebrate this anniversary? For Rotary, it is entirely appropriate, because we played such a critical leadership role in the San Francisco Conference that formed the United Nations in 1945. Throughout World War II, Rotary published materials about the importance of forming such an organization to preserve world peace.

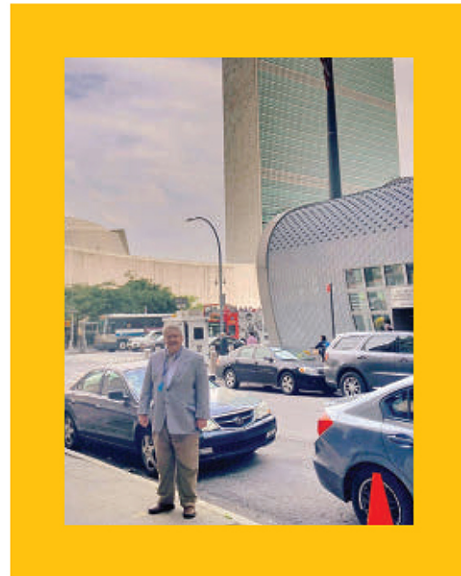
Not only did Rotary help influence the formation of the UN, but this magazine also played a leading part in communicating its ideals. Rotary educated members about plans to create the UN through numerous articles in *The Rotarian* and through a booklet titled *From Here On!* When the time came to write the UN charter, Rotary was one of 42 organizations the United States invited to serve as consultants to its delegation at the San Francisco Conference.

Each organization had seats for three representatives, so Rotary International's 11 representatives served in rotation. The people officially representing Rotary included the general secretary, the current and several past presidents, and the editor of *The Rotarian*. In addition, Rotarians from Africa, Asia, Australia, Europe, and North and South America served as members of or consultants to their own nations' delegations.

We have a deep and lasting relationship with the UN that deserves to be celebrated and appreciated. To recognize this relationship, Rotary will host five special events between now and June: Rotary Day at the UN in New York on the 9th of this month; three presidential conferences next year in Santiago, Chile, in Paris, and in Rome; and a final celebration just before the Rotary International Convention in Honolulu.

The focus on the UN in the year ahead is not only about the past; it also lights a path to our future. There are so many parallels between the work we do through our areas of focus and the work of the UN Sustainable Development Goals. While those goals are indeed incredibly ambitious, they provide inspiration and direction — and are similar to many Rotary goals, which have proven to create lasting, positive change in our world. The goals can be achieved, but only if undertaken with the same long-term commitment and tenacity that Rotary understands so well. Alone, we cannot provide clean water for all, we cannot eliminate hunger, we cannot eradicate polio. But together with partners like the United Nations, of course we can.

Please consider attending one of our five UN celebrations. I look forward to sharing news of these special events with you throughout the year.



Rotary President Mark Daniel Maloney outside the United Nations headquarters in New York City.


MARK DANIEL MALONEY
President, Rotary International





A message from
Foundation Trustee Chair
Gary C.K. Huang

Ni hao, Rotarians!

We just had our first-ever fundraiser in Taiwan for The Rotary Foundation — and it was a great success.

The Taiwan AKS Members Association organized the event in August in Taipei. We were treated to an inspirational speech by Ravishankar Dakoju of the Rotary Club of Bangalore Orchards, India, in District 3190. He shared why he contributes his time and money — and why he's an organ donor. His generosity is legendary, and he wants to help the world in any way he can. His speech touched everyone who attended the event.

We are pleased and honored to announce that the final total for the fundraiser was \$5.5 million. We have 11 new Arch Klumph Society members contributing at the Chair's Circle level (\$500,000 to \$999,999) and 14 at the Trustees Circle level (\$250,000 to \$499,999). Thank you to our generous donors in Taiwan!

At great events like this one, I am reminded how Rotary gives us something good that we can all do together. Our service puts us in touch with so many interesting people from all over the world. When we meet, we hear about projects of all kinds, and it is always inspirational. And we never stop learning from one another.

This provides such a wonderful lesson to our children. We share with them the importance of fellowship and forming new bonds with other people. We also show them what is really important in life: making connections, improving life for those in need, and doing all we can for others. Rotary is the best education a family can have.

I am excited that Rotary President Mark Daniel Maloney has made expanding the family of Rotary a priority. We must bring our family members to Rotary events and do all we can to encourage them to be part of this wonderful organization. And through The Rotary Foundation, we can make these family connections part of our legacy. You are never too young or too old for Rotary.

So give your high-five to Rotary and find ways to bring your family into Rotary. It's the most wonderful gift you can share with the people you love.

Gary C.K. Huang
FOUNDATION TRUSTEE CHAIR

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MARK DANIEL MALONEY Decatur, Alabama, USA

Vice President

OLAYINKA HAKEEM BABALOLA Trans Amadi, Nigeria

Treasurer

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JAN LUCAS KET Purmerend, Netherlands
KYUN KIM Busan-Dongrae, Korea
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PIOTR WYGNANŹCZUK Gdynia, Poland
JOHN P. HEWKO General Secretary
Kyiv, Ukraine

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GARY C.K. HUANG Taipei, Taiwan

Chair-elect

K.R. RAVINDRAN Colombo, Sri Lanka

Vice Chair

KENNETH M. SCHUPPERT JR. Decatur, Alabama, USA

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IAN H.S. RISELEY Sandringham, Australia
GULAM VAHANVATY Bombay, India
MICHAEL F. WEBB Mendip, England
SANGKOO YUN Sae Hanyang, Korea
JOHN P. HEWKO General Secretary
Kyiv, Ukraine

Grouping Assignments

JULY- Rotary New Year

Kendrick Sulay

Butch Climaco

Emmie Tesalona

JANUARY-Vocational Service

Ging Lomanta

Inday Rimaz

Tess Libron

AUGUST-Membership & New Development

Rady Abarintos

Dina Ramos

Dee Llegunas

FEBRUARY-Peace & Conflict, Prevention/Resolution

Dick Barba

Manny Calalang

Sol Pasion

SEPTEMBER-Basic Education & Literacy

Yumi Espina

Jun Torres

Julio Gonzales

MARCH-Water & Sanitation

Jessie Baring

Joal Abad

Pouly Jang

OCTOBER-Economic & Community Development

Meanne Solomon

Tope Llegunas

Teenie Tio

APRIL-Maternal & Child Health

Tina Bacalso

Marina Kauffman

Newly Inducted Rotarian

NOVEMBER-Rotary Foundation

Alain Senerpida

Don Marc Don don

Dave Karamihan

MAY-Youth Service

Emman Abay-Abay

Jomar Ponce

Patrick Yared

DECEMBER-Disease Prevention & Treatment

Maricel Amores

Bernz Amago

Lulu San Pedro

JUNE-Rotary Fellowship

Newly Inducted Rotarian

Antong Inting

Francis Icamen

Calendar of Activities

NOV 2019	The Rotary Foundation Month
Friday, November 08, 2019	TRF Dinner night
Monday, November 11, 2019	12th GMM Meeting-Fellowship
Saturday, November 16, 2019	Drug Addiction & Depression Awareness Seminar (tentative date)
Monday, November 18, 2019	13th GMM Meeting-Fellowship
Saturday, November 23, 2019	BIKE TO END POLIO (tentative date)
Monday, November 25, 2019	2nd BOD Meeting
November 29 - December 1, 2019	Manila Rotary Institute
DEC 2019	Disease Prevention & Treatment
Monday, December 02, 2019	14th GMM Meeting (discuss Jan projects)
Friday, December 06, 2019	15th GMM Meeting Christmas Party - Ma Luisa Clubhouse
Saturday, December 07, 2019	Christmas Feeding & Gift giving
JAN 2020	Vocational Service
Monday, January 06, 2020	16th GMM Meeting (discuss Feb projects)
Saturday, January 11, 2020	Water tank Donation
Monday, January 13, 2020	17th GMM Meeting-Fellowship
Saturday, January 18, 2020	Fluvial Parade
Saturday, January 25, 2020	Toilet bowl & Septic tank donation
Monday, January 27, 2020	18th GMM Meeting

5 Reasons to Give to The Rotary Foundation

When you make a donation to The Rotary Foundation, you are helping Rotary members make a difference in the lives of millions of people around the world. Here are five reasons to make Rotary your charity of choice on Giving Tuesday, 3 December, or any time of the year.

1.) Accountability

Our accountability and transparency have earned The Rotary Foundation 12 straight years of four-star ratings — the highest possible — from independent evaluator Charity Navigator. More than 90% of Foundation funds are spent directly on programs. No high administrative costs dilute your gift.

2.) Impact

We partner with other organizations to increase our impact and make your donations work even harder. When you give to Polio-Plus, for example, you have the satisfaction of knowing that every \$1 Rotary commits to polio eradication is matched by \$2 from the Bill & Melinda Gates Foundation. Thanks to this partnership, all donations to end polio (up to \$50 million per year) are tripled, providing critical funding toward creating a polio-free world.

3.) A Record of Success

Rotary unites leaders who have the skills and resources to tackle some of the world's most difficult problems and deliver sustainable, long-lasting results. For decades, Rotary has been a leader in the battle against polio and with the help of our partners in the Global Polio Eradication Initiative, we have reduced cases by 99.9% since 1988. The infrastructure developed to facilitate both immunizations and eradication is being used to fight and protect against other diseases as well. For example, the method known as contact tracing was critical to containing an Ebola outbreak in Nigeria in 2014.

4.) Global Reach

Our 1.2 million members span the globe, uniting people who have a common desire to serve others. From teaching children to read in Ecuador to a microcredit program in Indonesia, Rotary members identify local problems and use Rotary's vast network and the resources of The Rotary Foundation to take action in their communities.

5.) Bringing About Peace

Peace holds a unique status in Rotary. We approach peace not as an abstract concept, but as a living, dynamic expression of human development. As a humanitarian service organization, it is both a cornerstone of our mission, and one of our six areas of focus – one of the main ways in which our members make their mark on the world.

Each year, the Rotary Peace Centers train some of the world's most dedicated professionals to resolve conflicts and promote national and international cooperation. Rotary Peace Fellows study in a two-year master's degree program or a professional certificate program at Rotary's partner universities. Rotary members themselves also address the underlying causes of conflict, including poverty, inequality, ethnic tension, lack of access to education, and unequal distribution of resources. Our collaboration with the Institute for Economics and Peace is providing free, self-guided training to individuals who want to be peacebuilders in their communities.

You've Got Mail

----- Forwarded message -----

From: Mark Maloney and Gary Huang <RI.comms@rotary.org>

Date: Fri, Nov 22, 2019 at 1:35 AM

Subject: Join us in celebrating Foundation Month

Mark Daniel Maloney

President, 2019-2020

T +1.847.866.3025

F +1.847.866.3390

My dear friends and fellow Rotary leaders,

As we enter Foundation Month, we would like to thank each and every one of you who did so much to make World Polio Day such an enormous success.

For the first time, we broadcast our Global Update on 24 October in multiple time zones around the world, reaching more people, and raising more awareness than ever before. More than 5,600 World Polio Day events have been registered on EndPolio.org in more than 125 countries, from New Zealand to Egypt, and from Sweden to Japan.

Inspired by this show of support across the globe, our work to eradicate polio continues. On 21 August, Nigeria marked three years without a case of wild poliovirus, and the World Health Organization African region could potentially be certified wild poliovirus-free next year. Rotary has contributed US\$268 million to fight polio in Nigeria, and Rotarians throughout Nigeria and Africa are committed to ensuring that every child is protected from polio. When the African region is finally certified as wild poliovirus-free, it will be a tremendous achievement, as the continent once suffered three quarters of all polio cases in the world.

It is these amazing turnarounds which we must keep in mind when confronting the challenges in eradicating polio. And we must tell stories about our successes in places like India and Nigeria to let the world know what Rotarians, empowered by our Foundation, are doing around the world. As the entrepreneur and educator Michael Margolis once said: "The stories we tell literally make the world." So if we want to make the world in the image of Rotary's highest ideals, then we must share our stories as People of Action.

Of course, it is easier to find compelling stories when we have taken part in transformative projects. So remember to use your District Designated Funds for a cause you are passionate about, whether that is PolioPlus, the [Disaster Response Fund](#), the Rotary Peace Centers, or something in your community that could benefit from the support of a district or global grant. If you are struggling for inspiration, just read about the impact of a DDF contribution on the youth of Yonkers, New York, in the Rotarian magazine's cover story '[A slam-dunk project in Yonkers.](#)'

The cover stories of tomorrow are already being written, as the Foundation continues to support projects to improve communities across the world. This year, our Foundation has already approved 261 district grants, with US\$22.4 million in total funding, and 460 global grants, with US\$33.9 million in total funding.

You can end Foundation Month on a charitable note by participating in Giving Tuesday on 3 December. Rotary will be joining thousands of other organizations worldwide for a global day of giving, and it is a prime opportunity to advance our mission. It is now easier than ever to give to the Foundation [online](#), and you can easily notify someone of a gift made in their honor via email or by printing and delivering a customized notification yourself.

So as we enter the second half of the Rotary year, please keep up your efforts to eradicate polio, tell our story, and channel District Designated Funds into more sustainable and scalable projects with significant positive impact. With your words and your actions, *Rotary Connects the World*.
Yours in Rotary,

Mark Daniel Maloney

President, Rotary International 2019-20

Gary C.K. Huang

Trustee Chair, The Rotary Foundation 2019-20

Recipient list: District governors, assistant governors, club presidents, regional leaders (RPICs, RRFCs, E/MGAs, and RCs), and the board of directors

mark.maloney@rotary.org

A Dose of Positive Thoughts

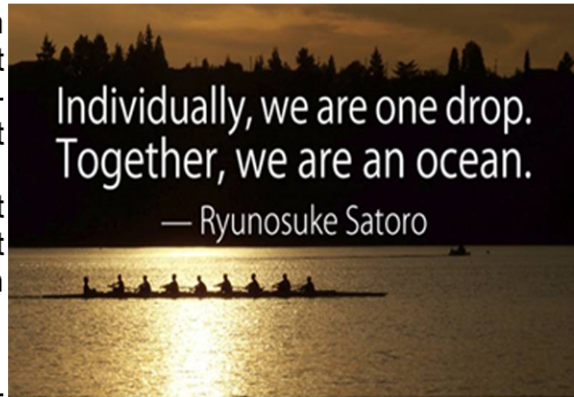


MARICEL BORRROMEO-AMORES GML Editor -In-Chief, District 3860 President, RY 2017-2018

Collaboration is the gift to be able to work together in the direction of a shared idea. The aptitude to guide distinct undertakings on the road to organizational goals is the bedrock of success.

But it takes a very mature way of thinking which is to be

able to work with others and treat them as equals. Most importantly, they are not greedy to hug the limelight alone but acknowledges the fact that the team did it and willingly shares the credit with them. True enough as what Ryunosuke Satoro said alone we are just one drop but together we can accomplish a lot !



Even one of the world's top businessmen, the late Steve Jobs, believes that great things are never done by one person but by a team of people. No matter how intelligent and great your ideas are- you will never win against a team.

Teamwork reminds me of a Japanese proverb that clearly stated that a single arrow can be broken but not ten in a bundle. However, it does not mean that you work as a group that makes a "team". There must be trust in each other to really reach the dream just like one song sung harmoniously by a choir.



SAVE THE DATE!

Rotary
District 3860



**Cebu Grand Convention Center
Cebu City | March 5-7, 2020**

**Golf & Bowling Tournaments
March 4, 2020**

Cebu Fuente
Rotary
Club



**ROTARY
CONNECTS
THE WORLD**

**END
POLIO
NOW**



ROTARY CLUB OF CEBU FUENTE

BOHEMIAN NIGHTS

Christmas Party

THURSDAY | DECEMBER 05, 2019 | 6:00 PM

MARIA LUISA CLUB HOUSE





EARTHQUAKE SAFETY TIPS



WHAT TO DO BEFORE AN EARTHQUAKE

- Make sure you have a fire extinguisher, first aid kit, a battery-powered radio, a flashlight, and extra batteries at home.
- Learn first aid.
- Learn how to turn off the gas, water, and electricity.
- Make up a plan of where to meet your family after an earthquake.
- Don't leave heavy objects on shelves (they'll fall during a quake).
- Anchor heavy furniture, cupboards, and appliances to the walls or floor.
- Learn the earthquake plan at your school or workplace.

WHAT TO DO DURING AN EARTHQUAKE

- Stay calm! If you're indoors, stay inside. If you're outside, stay outside.
- If you're indoors, stand against a wall near the center of the building, stand in a doorway, or crawl under heavy furniture (a desk or table). Stay away from windows and outside doors.
- If you're outdoors, stay in the open away from power lines or anything that might fall. Stay away from buildings (stuff might fall off the building or the building could fall on you).
- Don't use matches, candles, or any flame. Broken gas lines and fire don't mix.
- If you're in a car, stop the car and stay inside the car until the earthquake stops.
- Don't use elevators (they'll probably get stuck anyway).

WHAT TO DO AFTER AN EARTHQUAKE

- Check yourself and others for injuries. Provide first aid for anyone who needs it.
- Check water, gas, and electric lines for damage. If any are damaged, shut off the valves.
- Check for the smell of gas. If you smell it, open all the windows and doors, leave immediately, and report it to the authorities (use someone else's phone).
- Turn on the radio. Don't use the phone unless it's an emergency.
- Stay out of damaged buildings.
- Be careful around broken glass and debris. Wear boots or sturdy shoes to keep from cutting your feet.
- Be careful of chimneys (they may fall on you).
- Stay away from beaches. Tsunamis and seiches sometimes hit after the ground has stopped shaking.
- Stay away from damaged areas.
- If you're at school or work, follow the emergency plan or the instructions of the person in charge.

Expect aftershocks.



Rotary
District 3860



ROTARY
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THE WORLD



Disaster
Management Inc.



TSUNAMI SAFETY RULES

1

Always be prepared, a tsunami may occur anytime

- Prepare a family emergency plan
- Prepare a safety backpack
- Identify the danger zones, safe areas and the Assembly locations
- Identify evacuation routes



2

Pay attention to any of these warning signals

- Very strong earthquake (it is difficult to walk, there are falling objects, damage to structures)
- Long duration earthquake (about 1 minute or more)
- Official message by sirens, commercial radio, television, NOAA radio
- Sudden sea level change
- Loud noise coming from the sea



3

In case of an earthquake Protect Yourself

- Drop
- Cover
- Hold on



4

Move away from hazard areas (in preference order depending on your location)

- Run to higher ground and / or away from the Coast
- Go to a third floor or higher
- Climb a tree
- Run to an assembly point



5

Stay in the safe area until Authorities indicate the danger has passed, this may take many hours.

Rotary
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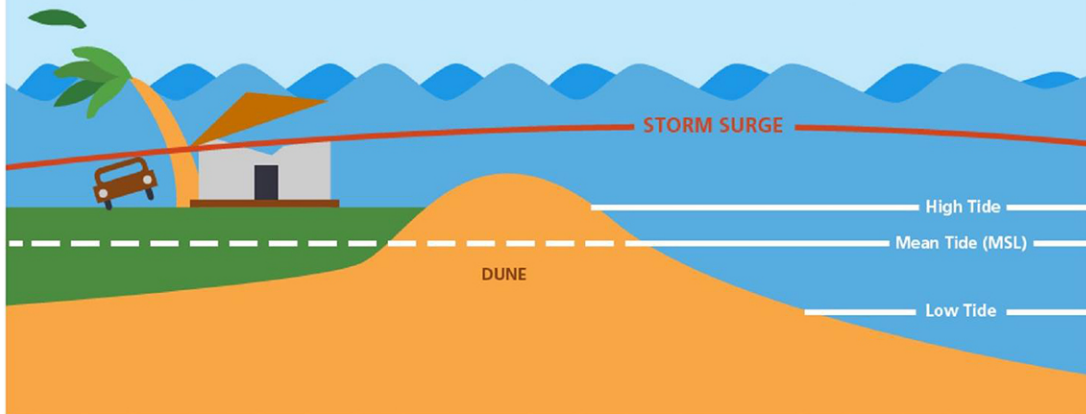
Disaster
Management Inc.

STORM SURGE

A **Storm surge** is a sudden rise in sea level above normal, causing big waves as a tropical cyclone approaches the coast.

The highest water level rise or the peak of a storm surge usually happens on the same time there is a passage of a typhoon across a coastline.

A storm surge can sweep the coastline, and can extend several kilometers inland.



BEFORE

DURING

AFTER



Know your local emergency hotlines.



Prepare your emergency survival kit.



Monitor weather conditions.



Strengthen your house.



Evacuate if necessary.



Stay Indoors



Stay away from floods and coastal areas



Gather family members and stay calm



Stay in the highest portion of your house, away from windows.



Drink and eat food prepared with clean water



Thoroughly check your home.



Participate in clean-up activities.



Take photos of properties covered by insurance.

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District 3860



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END
POLIO
NOW



Disaster
Management Inc.



LANDSLIDES SAFETY TIPS

PRECAUTIONS

- Educate yourself about your landslide risk
- Seek out advisories and warnings during and after intense rainfall events.
- Avoid living in location that are hazardous
- Don't assume that highways are safe
- Listen for loud or unusual sounds
- Keep away from landslide - prone areas.

What to Do if You Suspect Imminent Landslide Danger

Contact your local fire, police, or public works department. Local officials are the best persons able to assess potential danger.

Inform affected neighbors.

Your neighbors may not be aware of potential hazards. Advising them of a potential threat may help save lives.

Help neighbors who may need assistance to evacuate.

Evacuate. Getting out of the path of a landslide or debris flow is your best protection. Curl into a tight ball and protect your head if escape is not possible.



AREAS THAT ARE GENERALLY PRONE TO LANDSLIDE HAZARDS

- On existing old landslides.
- On or at the base of slopes.
- In or at the base of minor drainage hollows.
- At the base or top of an old fill slope.
- At the base or top of a steep cut slope.
- Developed hillsides where each field septic systems are used.

What To Do During a Landslide

- Stay alert and awake. Many debris-flow fatalities occur when people are sleeping.
- Listen to battery-powered radio or television for warnings of intense rainfall.
- Be aware that intense, short bursts of rain may be particularly dangerous, especially after longer periods of heavy rainfall and damp weather.
- If you are in areas susceptible to landslides and debris flows, consider leaving if it is safe to do so.
- Remember that driving during an intense storm can be hazardous. If you remain at home, move to a second story if possible. Staying out of the path of a landslide or debris flow saves lives.
- Listen for any unusual sounds that might indicate moving debris, such as trees cracking or boulders knocking together. A trickle of flowing or falling mud or debris may precede larger landslides. Moving debris can flow quickly and sometimes without warning.
- If you are near a stream or channel, be alert for any sudden increase or decrease in water flow and for a change from clear to muddy water. Such changes may indicate landslide activity upstream, so be prepared to move quickly.
- Don't delay! Save yourself, not your belongings.
- Be especially alert when driving. Bridges may be washed out, and culverts overtopped. Do not cross flooding streams!! Embankments along roadsides are particularly susceptible to landslides.
- Watch the road for collapsed pavement, mud, fallen rocks, and other indications of possible debris flows.
- Be aware that strong shaking from earthquakes can induce or intensify the effects of landslides.



Rotary
District 3860



ROTARY
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THE WORLD

**END
POLIO
NOW**



Disaster
Management Inc.

TYPHOON

BEFORE THE TYPHOON

Store an adequate supply of food and clean water. Prepare foods that need not be cooked.

Keep flashlights, candles and battery-powered radios within easy reach.

Examine your house and repair its unstable parts.

Always keep yourself updated with the latest weather report.

Harvest crops that can be yielded already.

Secure domesticated animals in a safe place.

For fisher folks, place boats in a safe area.

Should you need to evacuate, bring clothes, first aid kit, candles/flashlight, battery-powered radio, food, etc.

During the typhoon

Stay inside the house.

Always keep yourself updated with the latest weather report.

If safe drinking water is not available, boil water for at least 20 minutes. Place it in a container with cover.

Keep an eye on lighted candles or gas lamps. Do not wade through floodwaters to avoid being electrocuted and contracting diseases.

If there is a need to move to an evacuation center, follow these reminders.

Evacuate calmly.

Close the windows and turn off the main power switch.

Put important appliances and belongings in a high ground.

Avoid the way leading to the river

BASIC DISASTER SUPPLIES KIT



water
one gallon
per person a
day, enough
for 3 days



flashlight
with extra batteries

Fully charged

mobile
phone



food



non-perishable Food,
enough for 3 days



whistle
to signal for help

can
opener



garbage
bags

with tops and
plastic ties
for sanitation



firstaid kit

radio



battery-operated
and extra batteries

After the Typhoon

If your house was destroyed, make sure that it is already safe and stable when you enter.

Beware of dangerous animals such as snakes that may have entered your house.

Watch out for live wires or outlet immersed in water.

Report damaged electrical cables and fallen electric posts to the authorities.

Do not let water accumulate in tires, cans or pots to avoid creating a favorable condition for mosquito breeding.VTT

Hotline Numbers



Cebu City Government HOTLINES



Need an Ambulance?
0947-178-0000
0947-178-9999
Ambulance Disaster Hotline



For accidents and calamities?
0918-921-0000
Emergency Rescue Unit
Foundation (ERUF)



In case of Fire?
0942-790-7907
Cebu City Fire Station



Police Assistance?
0939-911-9111
Police & Emergency Related



Garbage Pickup?
0912-444-5555
Basura Hotline

Sidewalk vendors or illegal fence?
0918-911-3232
Prevention, Restoration,
Order, Beautification and
Enhancement Team (PROBE)

Questions about the Long Life
(Daily Delivery of Free Medicines Project)?
0939-911-3232
Long Life Medical
Assistance Office

Senior Citizen Assistance?
0922-718-7266
Office of the Senior
Citizens Affairs Office

Building Permit?
0943-848-6237
0939-911-3233
Office of the Building Official



Lamp post problem?
0932-727-6489
Street lighting Hotline



Having problem
with your drainage?
0967-246-9552
Drainage Declogging



Need help with a Business Permit?
0917-842-3772
Business Permit Section



Want to report a traffic
violator to CITOM?
0939-999-3232
City Traffic Management Office (CITOM)



Have a problem with your
Barangay that the Captain
cannot/will not fix?
0939-939-1111
Barangay Affairs Office



Need assistance for Hospitalization
and Medicines?
0932-727-6454
City Hospitalization Assistance and
Medicines Program (CHAMP)



Persons With Disabilities?
0932-727-6476
Department of Social
Welfare and Services



Burial Assistance?
0998-999-3232
Burial Assistance Office



Text me the Mayor? :D
0917-329-9999
MAYOR TOMMY OSMEÑA

11-18-2019 13th RCCF GMM



A tropical beach scene at sunset. The sky is a mix of orange, yellow, and pink. Several palm trees are silhouetted against the bright sky. In the foreground, there are large, dark rocks and lush green foliage. The ocean is visible on the left, with waves crashing against the shore. A pink overlay is present in the top right corner.

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Register today at riconvention.org

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**HONOLULU
HAWAII 2020**



Cebu Fuente
Rotary
Club



100% PAUL HARRIS CLUB
in Rotary International District 3860
for RY 2016-2017



Cebu Fuente
Rotary
Club



**ROTARY
CONNECTS
THE WORLD**

**END
POLIO
NOW**

www.rccebufuente.org
info@rccebufuente.org



In celebration of the recent world polio day and rotary foundation month, Rotaract Club of Cebu Fuente- USC Chapter is organizing a fund-raising activity with our goal to raise awareness on the importance of polio vaccines and to donate in fight against polio disease.

Purchase our tote bags at <https://forms.gle/c7ugA3A93DXhPuH48> and avail our deals. Proceeds will be donated to Rotary International which the Bill & Melinda Gates Foundation will match twice for End Polio Fund to World Health Organization.

BUY now! Let's make history and End Polio Now!

Help Raise Awareness about
Polio through availing our
End Polio Campaign
tote bags!

{ for only Php 220.00 only }



Proceeds will be donated
to Rotary International which
Bill and Melinda Gate Foundation
will match twice for the
End Polio Fund to WHO

Invite someone to become a

The
Rotary
Foundation



Rotarian today.

Join Rotary Club of Cebu Fuente



Spread the Word!

On the Spotlight



13th RCCF General Membership Meeting with Guest Speaker PDG Yumi Espina

NOTES:
